



For Immediate Release:

Makarios Consulting Supplies Businesses with Powerful Strategies for Conflict Resolution in the Workplace

**Timothy I. Thomas Announces Release of New Book,
*Resolving Conflict: Overcoming Destructive Behaviors in the Workplace***

February 24, 2009, DOWNINGTOWN, Pa. [Makarios Consulting, LLC](http://www.makariosconsulting.com), a premier provider of custom leadership development and executive coaching programs, announced the launch of a new book on conflict management entitled [*Resolving Conflict: Overcoming Destructive Behaviors in the Workplace*](#). *Resolving Conflict* is authored by the president of Makarios, [Timothy I. Thomas](#), and provides strategies for conflict resolution that executives, managers, and supervisors can put into immediate practice.

“Conflict in the workplace engenders severe stress, saps employee motivation, and decreases productivity,” Thomas explains. “Conflict management is an essential skill for all business leaders. Like all skills, conflict management is not typically innate: it must be learned. That is the purpose of the book *Resolving Conflict*. My goal is to help leaders learn the skills they need to manage conflict in the workplace effectively. This book isn’t about abstruse theory: it’s about practical strategies for conflict resolution that net real results.”

[*Resolving Conflict: Overcoming Destructive Behaviors in the Workplace*](#) is available as an immediately downloadable ebook for \$21.95 at www.makariosconsulting.com. The strategies for conflict resolution discussed in the book include a review of five unique modes of managing conflict plus a full explanation of the four-step VOMP model of conflict management.

“*Resolving Conflict* is the second book in our Dynamic Solutions Series, following [*Creating All-Star Performers: The Power of Effective Feedback*](#),” reports Thomas. “Both books serve as key resources for individuals in all levels of management. They teach rubber-meets-the-road leadership skills that can transform and energize the workplace. We don’t subscribe to the latest trends and fads: the steps for providing reinforcing and redirecting feedback in *Creating All-Star Performers*, and the strategies for conflict resolution contained in *Resolving Conflict*, are proven and time-tested. Put simply, they work.”

More information about Makarios Consulting is available online at www.makariosconsulting.com or by telephone at (610) 380-8735 and via email at thomast@mc-llc.com.

About Makarios Consulting, LLC

Founded in 2004, Makarios Consulting is an international leadership development and executive coaching firm. With clients on three continents, Makarios has a proven track record of producing extraordinary business results by cultivating dynamic leaders who are skilled in motivating their employees, resolving conflict in the workplace, communicating effectively, and managing organizational change. Makarios Consulting, LLC staff members belong to the American Society for Training and Development (ASTD), the Organization Development Network (OD Network) and the Institute of Management Consultants (IMC).

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